

Savage Fire Department Task-Oriented Physical Demands Assessment

A. GENERAL

All **timed** portions of the test will be tested in full turnout gear with SCBA.

The Task-Oriented Physical Demands Assessment consists of tasks, which must be done successively, without rest. You may not run during the assessment. In order to be successful and move on to the interview phase of the process, you must complete all the tasks in 7 minutes and 30 seconds. If you are not successful, you will not proceed to the interview phase.

B. TASKS

1. **Ladder Climb:** Climb a ladder to the top rung and climb back down the ladder. This will not be timed. Gloves can be used. Proceed to kneeling screen, task 2.
2. **Kneeling Screen:** Kneel and remain kneeling for two minutes with mask on. Keep mask on and proceed to Crawl, task 3.
3. **Crawl:** Remove mask, begin crawl, crawl 50 feet on all fours (hands and feet) and cross line. Proceed to Stair Climb, task 4.
4. **Stair Climb:** At top of the stairs, lift the apartment hose bundle (weighs approximately 50 lbs) place on shoulder. Proceed down the stairs, touching each step on the way down, around the cone at the bottom, and back up using rail if needed. Repeat this two times, leaving the apartment hose bundle at the top of the stairs behind line. Proceed to the Hoist, task 5.
5. **Hoist:** Lift hose roll (approximately 20 pounds) from the bay floor up to railing, lower hose roll back down in controlled manner. Proceed down stairs to Hose Drag, task 6.
6. **Hose Drag:** Pick up the charged hand hose line; drag it straight ahead for a distance of 50 feet to a 4-foot square boxed area. Next, fully open the nozzle for 10 seconds, keeping your body in the marked area. Next, put down the nozzle inside the marked area. Proceed to Victim Rescue, task 7.
7. **Victim Rescue:** Drag an approximately 165 pound victim a distance of 50 feet. This task is completed when both the victim and the candidate completely cross a 50-foot line. Proceed to Fan Lift & Carry, task 8.
8. **Fan Lift & Carry:** Grab and remove the fan from a 3-foot boxed area. Carry the fan 50-feet and return the fan to the marked area. Proceed to Forcible Entry, task 9.
9. **Forcible Entry:** Move the beam a distance of 3-feet with the sledgehammer, using a chopping motion. This task is complete when the end of the beam crosses the 3-foot line.